

## COVID-19 Resource List for Greensboro/High Point

[If you have read-only access, please click here to submit additional or updated information](#)

**Take Three Breaths**

<https://www.youtube.com/watch?v=cFBf7ISkjs8>

### **Resource Type**

### **Notes**

### **Phone**

#### **ALERTS AND UPDATES**

**CDC**

**NCDHHS**

Statewide info on COVID-19; click button at top of page to translate content to various languages

**Guilford County Public Health**

**Guilford County Social Services**

Operating as normal, open 8am-5pm for walk-ins; adding a dropbox for applications/documents; can apply or recertify for Medicaid and food stamps online with valid email address

**Guilford County Schools**

**News & Record**

Closed March 16 - March 27

List of closings and contingency plans for various agencies and organizations

**City of Greensboro**

**UNC Greensboro**

**Real Time Data**

Operating on a reduced schedule

#### **MEDICAL CARE**

**NC COVID-19 Hotline (24/7)**

For immediate questions call the North Carolina Coronavirus Hotline at 866-462-3821. You can also text the keyword VIRUS to 336-379-5775 for this information (texting is just in English).

866-462-3821

**Cone Health / COVID-19 Screening Steps**

Steps for COVID-19 screening and accessing care (includes self-assessment questions & link to e-Visit)

**Cone Health / Testing for COVID-19**

The Cone Health drive-thru collection center is located at 300 East Wendover Ave. **No one will be tested without an order from a physician.**

**Cone Health / Make An Appointment  
Cone Health / Visitation Policy**

Options for getting care including virtual visits

To help control the spread of respiratory illnesses such as COVID-19, Cone Health is restricting visitors to one per patient at our hospitals, cancer centers and outpatient clinics and practices in most circumstances.

**GCCN / Orange Card**

Beginning today (3/16/20) patients can apply for the GCCN virtually since our access in the community will be limited at some point. You can direct patients to email completed applications with supporting documents to [sstaley@guilfordccn.org](mailto:sstaley@guilfordccn.org), share our fax number (1.800.325.1945) to send applications, or mail to our administrative office at 612 Pasteur Drive Suite 108 Greensboro, NC 27403.

**GCCN / Guilford Adult Dental Clinic**

Clinic is closed to patients as of 3/18/20. Patients will be rescheduled. More details to come. 336-641-4533

**Pregnant Women and Infants  
Prescription Meds  
Over the Counter Meds  
Fresenius Dialysis Care  
BCBS Policy**

**USCIS Policy on Public Charge  
Triad Health Project / HIV & STI Testing**

Open testing is suspended. Offices are operating on a strict appointment-only basis with phones being monitored continuously.

336-275-1654

**FOOD**

**Guilford County Schools**

Grab-and-go food sites for any children up to age 18. Starting March 18, meals – lunch for that day and breakfast for the following morning – available for pickup from 11 a.m. to noon Monday through Friday (click link for sites). - GCS as of 3/19 have added a number of mobile sites

**Backpack Beginnings & Simple Gesture**

Two agencies who are working to supplemental GCS feeding efforts - they might be able to deliver food to individual families as a last resort. The easiest way for families to get that optoin is to first try the GCS phone hotlilnes and have clients emphasize that they cannot get to one of the other sites - that is supposed ot kick-in the possibility of the home delivery - IF CLIENTS STILL HAVE ISSUES, let Lizzie know and she can send an email directly to those agencies

336-332-7290

**Food Bank of Central & Eastern NC**

Food Finder search tool

**EMPLOYMENT & FINANCIAL SUPPORT**

**NC DES Unemployment Benefits**

As of 5pm on 3/17/20, executive order: 1) Removes the one-week waiting period to apply for unemployment benefits for workers who lost their jobs; 2) Removes the requirement that a person must look for another job during this time when so many potential employers are closed and social distancing guidelines are in effect; 3) Allows employees who lose their jobs, or in certain cases have their hours reduced due to COVID-19 issues, to apply for unemployment benefits; 4) Permits applicants to apply for benefits remotely by phone or online; 5) Directs that employers will not be held responsible for benefits paid as a direct result of these COVID-19 claims

888-737-0259

**NCWorks**

Operating on a reduced schedule

## **MUTUAL AID EFFORTS (read: What Is Mutual Aid?)**

### **Greensboro, NC Virtual Tip Jar: Mutual Aid**

Organizing support for service industry workers (Restaurant, FastFood, Bar, Club, Small Business, Grocery Store, Ride Share or delivery platform)

### **Glenwood Helping Hands**

Mutual aid provided by and for residents of the Glenwood neighborhood (check-in calls, grocery deliveries, prescription pick-up, etc). Glenwood residents can request assistance via email or phone.

336-305-1005

## **HOUSING AND HOMELESSNESS**

### **Interactive Resource Center (IRC)**

Open 7am-7pm for hygiene needs; nurse on-site

## **UTILITIES**

### **City of Greensboro Water**

Suspending disconnections through March 31

### **Duke Energy**

Suspending disconnections

### **Piedmont Natural Gas**

Suspending disconnections

### **Spectrum/Internet**

Free for 60 days for new customers - need to select new customer & be prepared for long wait times; must have someone in the household who is k-12 or college age - free wifi & installation fees waived, after 60 days Spectrum will begin charging, so you must cancel prior to that time

1-844-488-8395

### **Urban Ministries**

Do have funds for emergency utility assistance - Jannifer confirmed with them week of 3/16; do need an ID - FaithAction can refer w/out an ID

336-553-2657

## **TRANSPORTATION**

### **Greensboro Transit Authority**

Greensboro Transit Authority buses will run hourly along their normal routes.

**PART**

As of right now, PART plans to operate regular service on all routes except Route 19. Effective Wednesday, March 17th Route 19 service will be suspended until further notice.	336-883-7278
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**MENTAL HEALTH & SUBSTANCE USE****Taking Care of Your Mental Health**

Self care practices for anxiety relief, crisis hotline number, and suicide prevention hotline number

**Strong Minds/Mentes Fuertes**

Mental health screening, phone-based support, and case management (Spanish/English)

336-256-8567

**Family Service of the Piedmont  
GCSTOP (Harm Reduction)**

No walk-ins; telephonic screenings only

336-387-6161

**COURT & TAXES****NC Judicial Branch**

For court closings, contact your local Clerk of Court

(336) 412-7300  
(Greensboro)**NC Judicial Branch**

Eviction &amp; foreclosure proceedings halted for 30 days; renters and mortgage holders should continue to make payments to stay in good standing if at all possible, per Greensboro Housing Coalition

**AARP Tax Aide & VITA Tax Prep Sites**

Operations suspended until further notice

**PHYSICAL ACTIVITY**

**Greensboro Parks & Recreation**

Free online physical activity resources for kids & adults

**YouTube**

Exercise videos for folks of all ages

## **LIBRARIES**

**Greensboro Public Library**

Library facilities are closed until further notice and all programs, events and meeting room bookings are canceled through April 15 .



## **Website/Source**



<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://www.ncdhhs.gov/divisions/public-health/coronavirus-disease-2019-covid-19-response-north-carolina>

<https://www.guilfordcountync.gov/our-county/human-services/social-services>

<https://www.gcsnc.com/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=174&ViewID=6446EE88-D30C-497E-931>  
[https://www.greensboro.com/news/local\\_news/schools-parks-colleges-courts-and-local-government-what-s-open/article\\_ba6aa3](https://www.greensboro.com/news/local_news/schools-parks-colleges-courts-and-local-government-what-s-open/article_ba6aa3)

<https://uc.uncg.edu/novel-coronavirus-covid-19/>

<https://coronavirus.1point3acres.com/en?fbclid=IwAR0PZFrADZMxMPEeNXG3KvIGN8U5gcq5fOPzWLup3x3adPK--oF66BM6UE>



<https://www.conehealth.com/wellness/covid-19-information/>

<https://www.conehealth.com/wellness/covid-19-information/>  
<https://www.conehealth.com/patients-visitors/make-an-appointment/>

[https://www.greensboro.com/news/local\\_news/cone-health-further-restricts-visits-amid-coronavirus-pandemic/article\\_2eb9f035-1](https://www.greensboro.com/news/local_news/cone-health-further-restricts-visits-amid-coronavirus-pandemic/article_2eb9f035-1)  
(email from Stephanie Staley 3/16/20)

<https://sph.unc.edu/cgbi/covid-19-resources/>

<https://www.freseniuskidneycare.com/~media/Fresenius/FKC/COVID-19-Patient-letter.pdf?&la=en>  
<https://blog.bcbsnc.com/2020/02/what-you-need-to-know-about-coronavirus/>  
<https://www.uscis.gov/greencard/public-charge>

<https://triadhealthproject.org/announcement/>





[https://www.greensboro.com/blogs/the\\_chalkboard/guilford-schools-offering-grab-and-go-meals-to-any-child/article\\_d3cbc964-61](https://www.greensboro.com/blogs/the_chalkboard/guilford-schools-offering-grab-and-go-meals-to-any-child/article_d3cbc964-61)

<https://foodbankcenc.org/find-help/food-finder/>



<https://des.nc.gov/need-help/covid-19-information>

<https://www.ncworks.gov/vosnet/Default.aspx>



<https://docs.google.com/spreadsheets/d/1snyuZyrdwEOLUqllH-e93vE3sSIDirtni0bdGY1LW7Y/edit?fbclid=IwAR3zsA-2obo4Bvmy>

[glenwoodevents@gmail.com](mailto:glenwoodevents@gmail.com)



[https://www.greensboro.com/irc-makes-changes-due-to-coronavirus-concerns/article\\_c1049b72-89e1-5809-a978-0f5181efe673.f](https://www.greensboro.com/irc-makes-changes-due-to-coronavirus-concerns/article_c1049b72-89e1-5809-a978-0f5181efe673.f)



<https://www.duke-energy.com/home>

<https://www.piedmontng.com/home>

<https://greensborourbanministry.org/services/emergency-assistance/>



<https://www.greensboro-nc.gov/departments/transportation/gdot-divisions/greensboro-transit-agency-public-transportation-divisi>

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[www.partnc.org](http://www.partnc.org)

[https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/?fbclid=IwAR28u-iKFgJsqvkuQDkViER8x7RjhUU\\_TYTI](https://afsp.org/taking-care-of-your-mental-health-in-the-face-of-uncertainty/?fbclid=IwAR28u-iKFgJsqvkuQDkViER8x7RjhUU_TYTI)

<https://www.caminoslab.org/strongminds>



<https://www.nccourts.gov/closings>

<https://www.nccourts.gov/assets/inline-files/Coronavirus-Update-for-our-Courts-Memo-to-Judicial-Officials-3-15-20.pdf?Tuzuse0c>


(from Maria Ramirez Perez at Legal Aid)

<https://www.facebook.com/GSOParksandRec/photos/pb.152670738222300.-2207520000../1555298517959508/?type=3&theate>

<https://library.greensboro-nc.gov/>



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