Volunteer opportunities

Many opportunities can be adapted to virtual or socially-safe options. Some of the options below may require a budget to support the purchase of goods. We partner with The Volunteer Center of the Triad to accommodate large-scale employee volunteer needs. Check out UnitedWayGSO.org/Volunteer for more information.

<table>
<thead>
<tr>
<th>AREA OF INTEREST</th>
<th>ON-SITE</th>
<th>OFF-SITE</th>
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| HELPING YOUTH TRANSITION FROM CRADLE TO CAREER | • Backpack assembly  
• Book drive  
• School supplies drive  
• Story-time packs | • Event support  
• Mentoring  
• Outreach (public speaking, program/project support, workshops)  
• Reading to children/adults  
• Tutoring |
| HELPING ADULTS LAND JOBS AND INCREASE INCOME | • Professional / career mentorship | • Adult tutoring  
• Event support  
• Outreach (public speaking, program/project support, workshops)  
• Help others prepare taxes – Volunteer Income Tax Assistance (VITA) Program |
| PROVIDING ACCESS TO BASIC NEEDS AND HEALTHCARE | • Craft projects  
• Meal preparation  
• Food/Meal drive  
• Household supply drive  
• Meal Preparation  
• No Sew Blankets  
• Personal hygiene kits/ Dental kits drive | • Adult day services  
• Beautification projects  
• Craft delivery  
• Event support (meal delivery, fundraiser walks/runs, tournaments, auctions, etc.)  
• Food/meal delivery  
• Disaster services  
• Event support  
• Food/Meal drive delivery  
• Household supply drive/delivery  
• Hygiene kits/dental kits drive/delivery |
| EVENT SUPPORT OPPORTUNITIES | • Jan.: MLK Day of Service  
• Apr.: National Volunteer Week  
• Jun.: Day of Action | • Jul.: MeaningFULL Meals  
• Oct.: Trunk-or-Treat  
• Nov./Dec.: Holiday-themed item drives |

End local poverty

3,000 households by 2030

100 Years of Transforming Your Compassion Into Community Impact